



Presented by The Sober Living Network

Recovery Housing

Community Asset

and

The Community Care Facilities Ordinance



March 5,
2013



Who we are

March 3,
2016

The Sober Living Network

Standards for:

- Quality Homes
- Coalitions
- Codes of Ethics
- Home Inspection Guidelines



- Training
- Coalition Support
- Coalition Formation
- Issue Advocacy
- Public Information
- Referrals, Directory



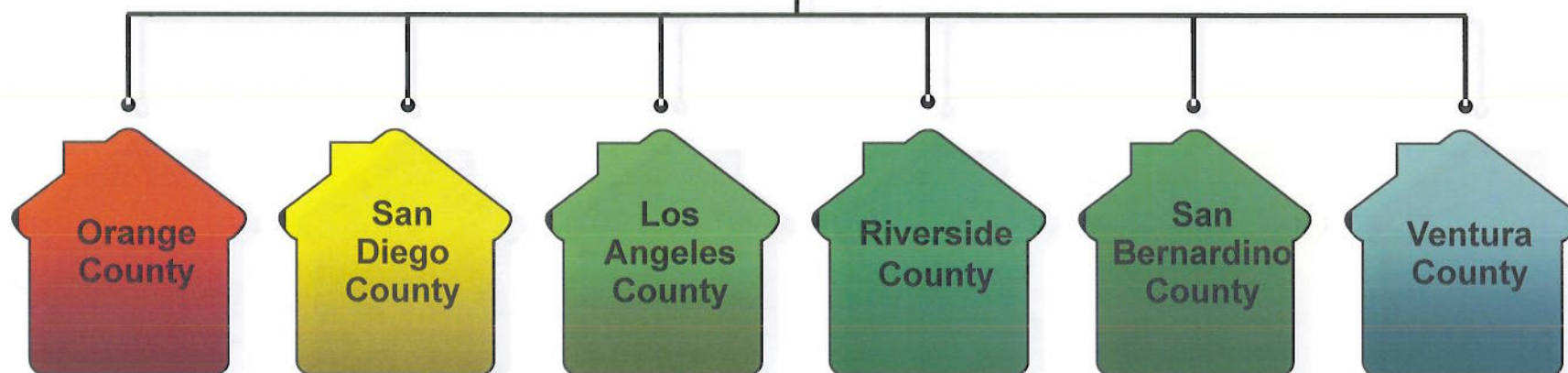
Structure, Standards & Ethics

The Sober Living Network

6500+
Residents

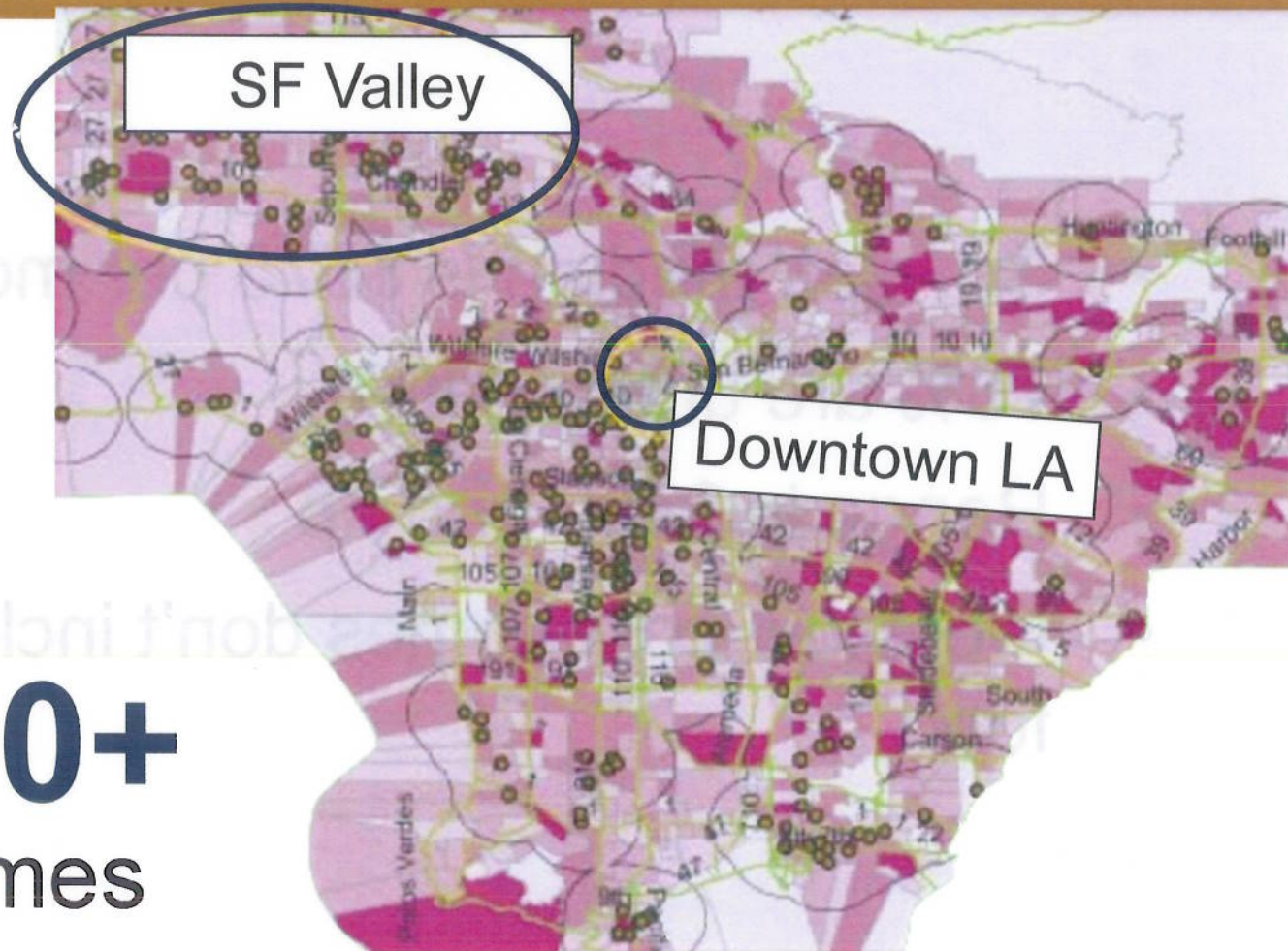


500
Homes



Who we are

Certified homes in all metro areas



300+
Homes

Los Angeles County

Structure, Standards & Ethics

Sober Living Costs

- So. Cal. median is \$575 per month
- 75% are under \$900
- Range is \$400 and up
- Most low-cost homes don't include food

Common Disorders



Who lives in these Homes?

Mental
Health
Disorder

Common Disorders

Common Disorders

OCD

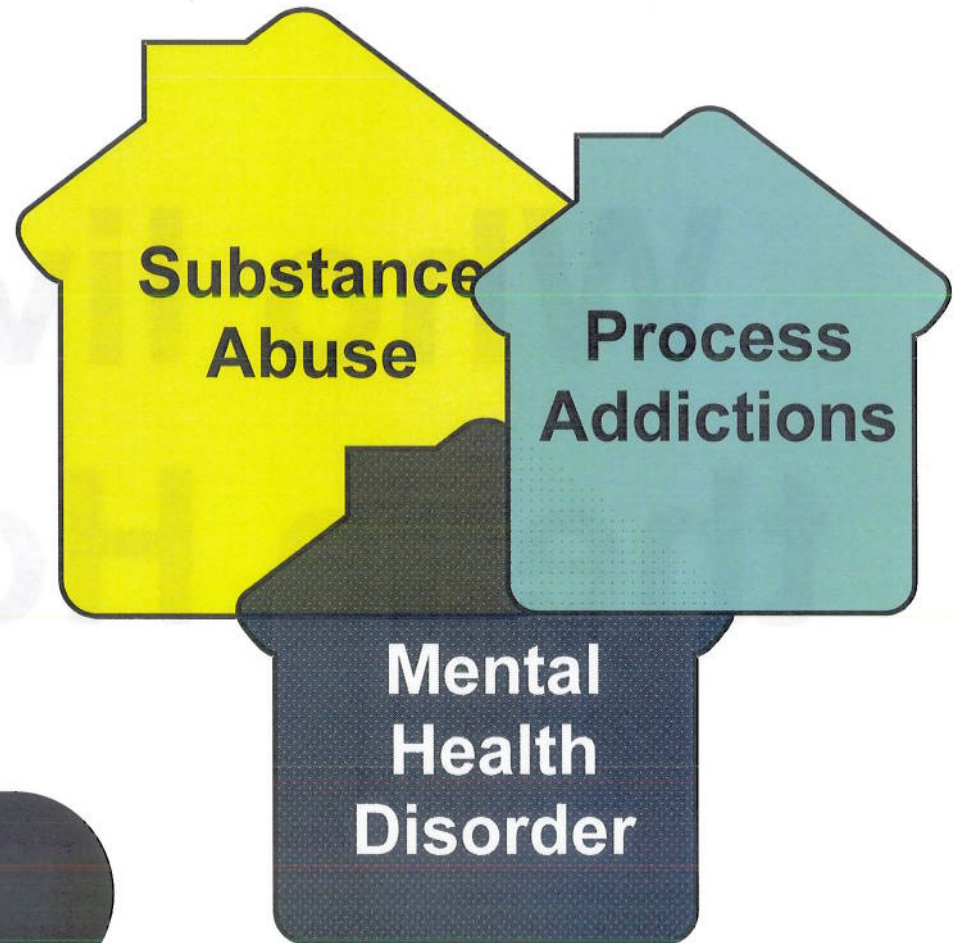
ADHD

Depression

Schizophrenia

Bipolar Disorder

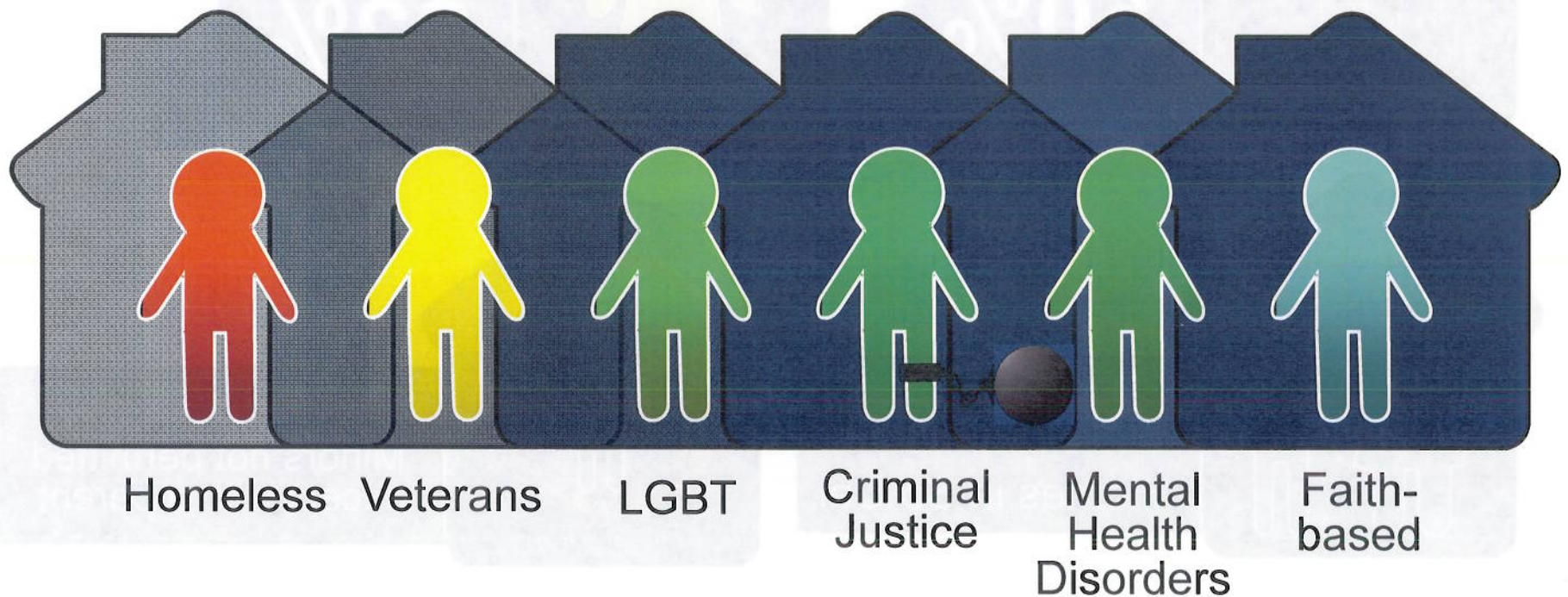
Borderline Personality Disorder



Who lives in these homes

Welcome in Sober Living Homes

All populations are welcome as long as they are dealing with a recognized substance use disorder



Who lives in these homes

Genders



50%



22%



35

Homes in So Cal



CA State Law
Minors not permitted
except with a parent

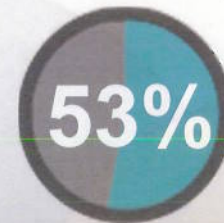
Who lives in these homes

Where do all the Parolees go?

In a Study for the City of San Bernardino, CA...

85% of parolees need addiction treatment yet only **13% receive it in prison.***

Where Parolees Currently Live 2008



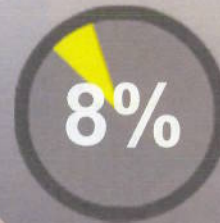
Their Families



Homeless



Individual Rentals



Sober Living Homes



Other



Homeless Shelters**

*Parole Statistics, Best Practices and Needs Assessment, California State University Center for the Study Of Correctional Education, July, 2008**Douglas L. Polcin, Ed.D. Alcohol Research Group, Berkley California. Critical Journal of Crime and Law in Society

Who lives in these homes

Intersection of Mental Illness & Substance Use Disorder

SUD & Mental Illness

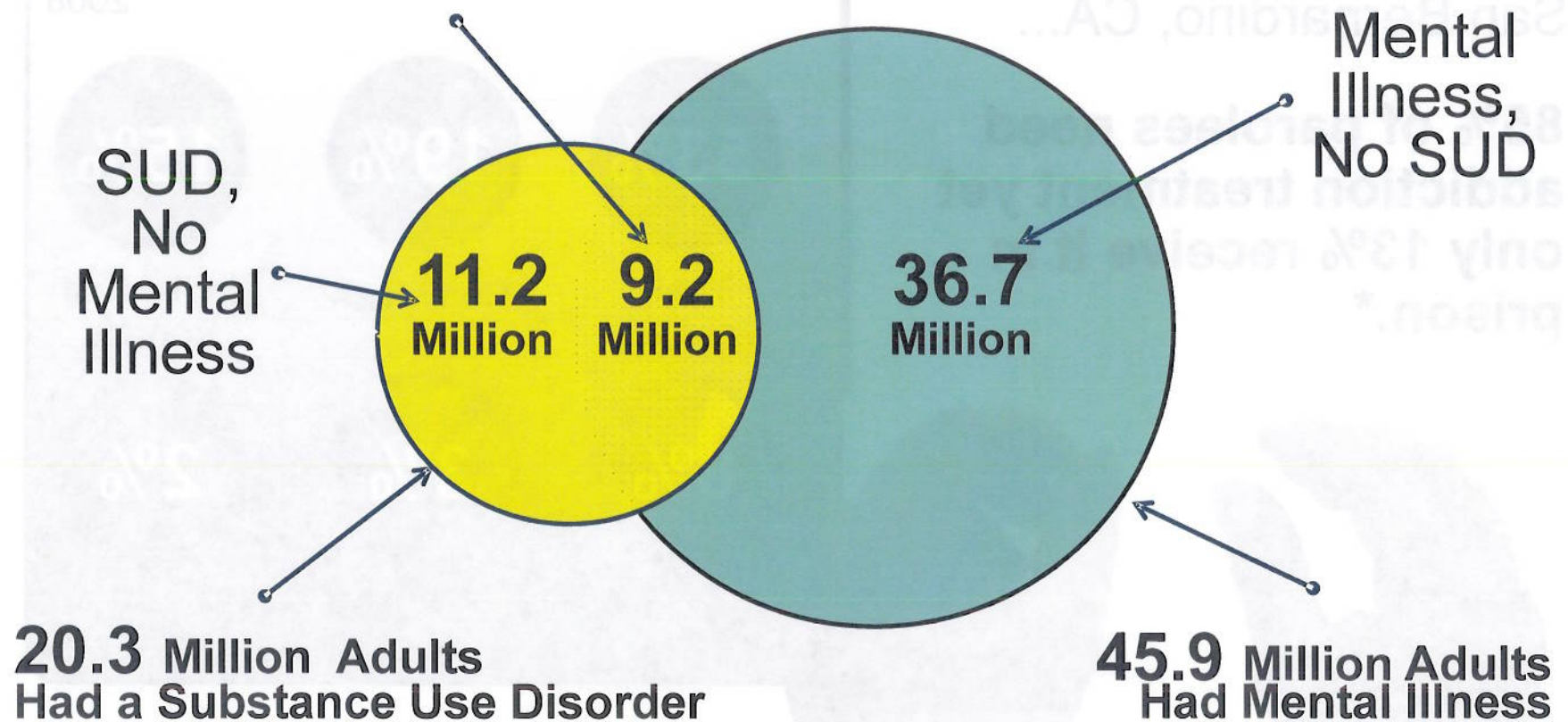
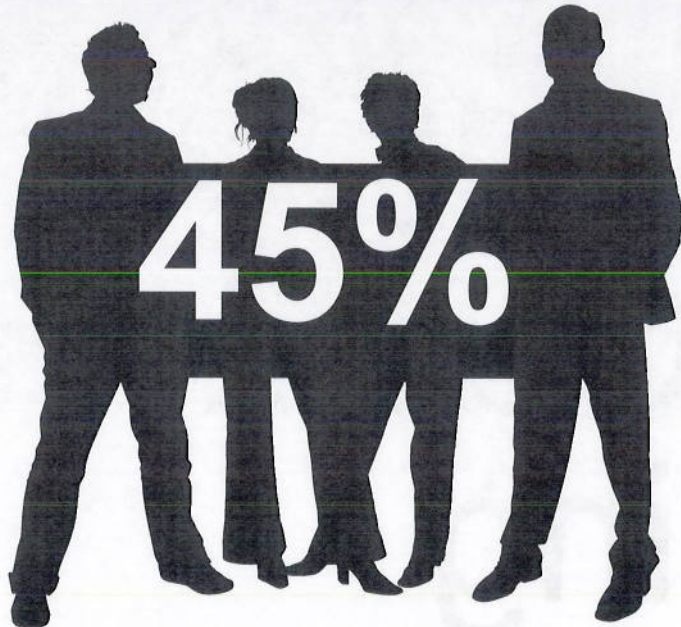


Figure 4.2, 2010 National Survey on Drug Use and Health, SAMHSA

Who lives in these homes

Incidence of COD in Substance Abusing Populations



**Substance Abusers
have at least **one**
diagnosable Mental
Illness**



**Those with diagnosable
Mental Illness **are also**
Substance Abusers**

2010 National Survey on Drug Use and Health, SAMHSA

Who lives in these homes

Structure, Standards, & Ethics of Quality Sober Living Residences

Structure, Standards, & Ethics of Quality Sober Living
Residences

Standards & Certifying/Support Organizations

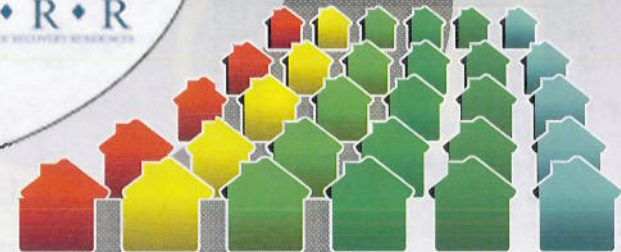


Structure, Standards & Ethics

Regional, National Accrediting Organizations



National
Standards
Based on
**Best
Practices**



Certifying Organizations Implement, Monitor Compliance

Structure, Standards & Ethics

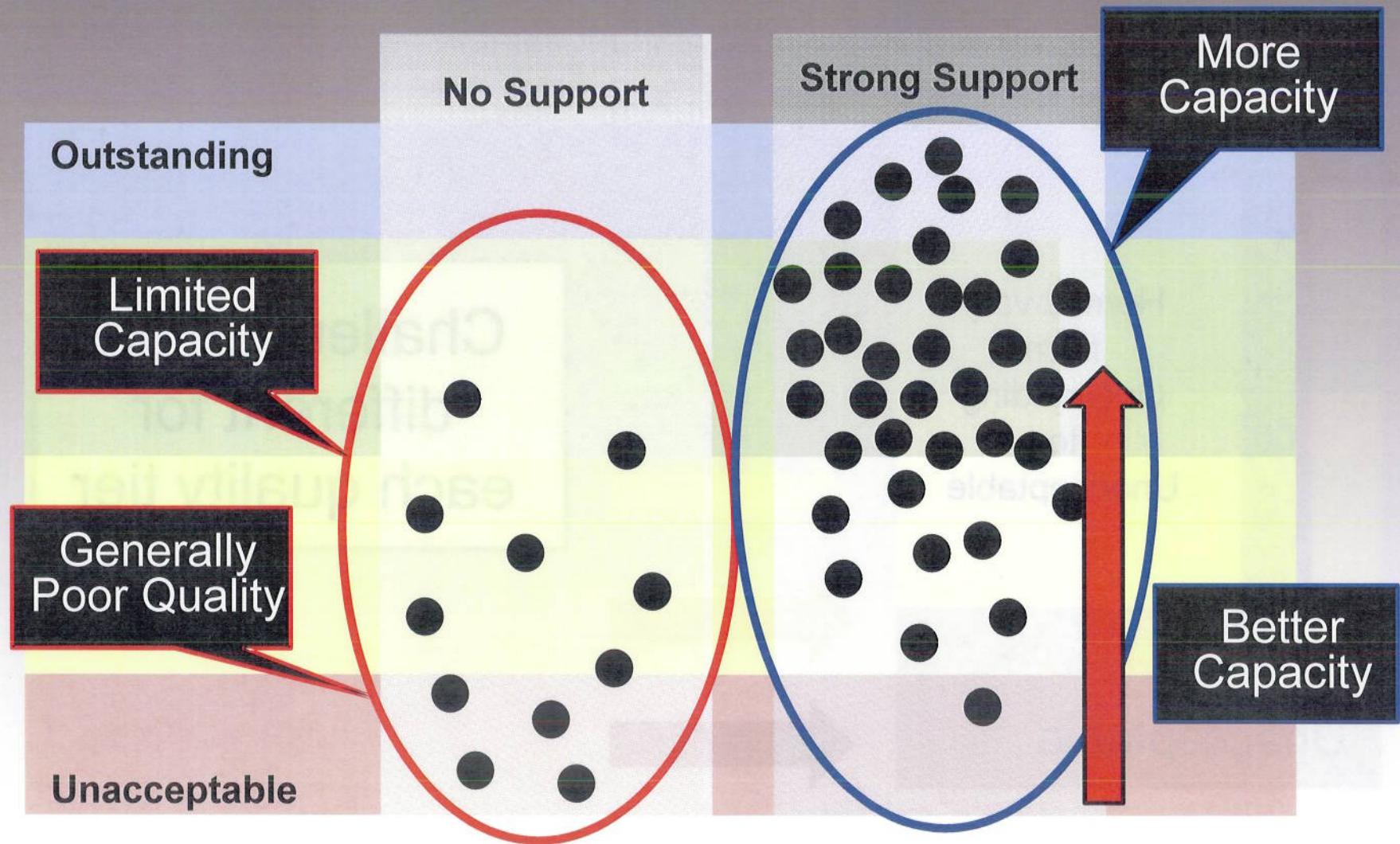
Wide Range Of Quality



Challenges are
different for
each quality tier

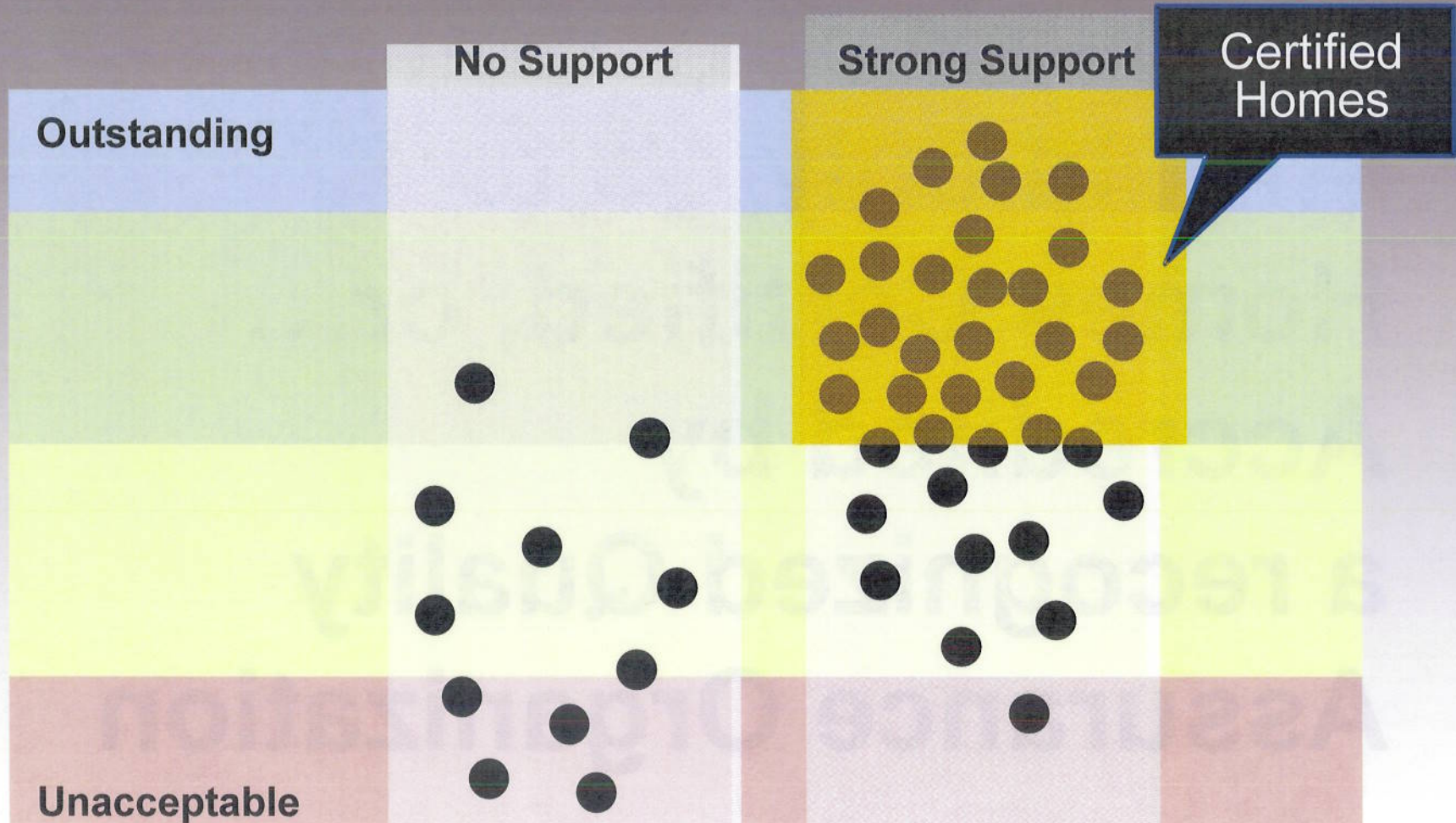
Benefits of Sober Living Residences

Value of Strong Support Organizations



Benefits of Sober Living Residences

Value of Strong Support Organizations



Benefits of Sober Living Residences

**City & County Referrals
should only go to
Homes Certified, or...
Accredited by
a recognized Quality
Assurance Organization**

If a home is **not affiliated**
with a certifying organization,
find out why they aren't.



A NEW WAY OF LIFE

REENTRY PROJECT

Susan Burton

Founder of A New Way of Life Reentry Project



Sober Living Residences



A NEW WAY OF LIFE

REENTRY PROJECT

Susan Burton

Captain of Southeast Division LAPD

Susan Addressing LAPD



LAPD Parole Sweep at A New Way of Life

Sober Living Residences



The Sober Living Network

www.soberhousing.net

For Quality Sober Living Referrals in
Southern California **Call Toll Free:**

800-799-2084